



# Partners

Creating a Healthier Future for Our Region's Children

Wolfson Children's Hospital  
800 Prudential Drive  
Jacksonville, FL 32207  
904.202.KIDS (5437) or  
1.877.240.KIDS (5437)  
wolfsonchildrens.org



## Wolfson Children's Hospital Offers Comprehensive Surgical Services

*Top-ranked pediatric physicians from these organizations provide Wolfson Children's patients with access to every specialty and subspecialty of children's medicine.*

**Nemours.**

**UF** UNIVERSITY of FLORIDA

**MAYO CLINIC**

For some children, their first experience in a children's hospital is for a minor surgical procedure, such as ear tube placement, adenoid removal or tonsillectomy. A smaller percentage of children will require complex surgery for a serious orthopaedic condition, brain or spine disorder, or congenital heart disease.

Through pediatric surgeons and surgical subspecialists with Nemours Children's Clinic and the University of Florida/Jacksonville, Wolfson Children's Hospital provides every type of surgery in pediatrics, except for solid organ transplantation (performed in partnership with the University of Florida/Gainesville). Both outpatient and inpatient surgeries are performed by board-certified pediatric surgeons accompanied by board-certified, fellowship-trained anesthesiologists with Nemours Children's Clinic. Specially trained pediatric surgical nurses and technologists assist surgeons in performing these procedures safely and effectively.

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"The benefit of a children's hospital is that everybody here wants to take care of children and is specifically trained to take care of kids," says Michael Erhard, MD, a pediatric urologist, chairman of Children's Surgical Services at Wolfson Children's Hospital, and medical director of Nemours Children's Clinic. "Our imaging equipment, tiny instrumentation and state-of-the-art technology are made for children's unique surgical needs."

In many cases, surgery can be done with a minimally invasive surgical approach, from repairing retinopathy of prematurity to correcting urological anomalies with the da Vinci® Robotic Surgical System.

To make an outpatient surgical referral, call 904.697.3850 (for cardiovascular surgery, call 904.202.8290 or for neurosurgery, call 904.633.0780). For an inpatient referral, call 1.877.240.KIDS (5437) and press 4.

## Types of Surgery Offered at Wolfson

- Cardiovascular
- Craniofacial reconstruction
- Dentistry
- Gastroenterology (endoscopy)
- General (including laparoscopy)
- Neonatal
- Neurosurgery
- Ophthalmology
- Orthopaedics
- Otolaryngology
- Radiosurgery
- Surgical oncology
- Urology (da Vinci® robotic surgery and laparoscopic)

## HELPFUL INFO FOR YOUR PATIENTS' PARENTS:

For information about preparing a child for surgery, visit [KidsHealth.org](http://KidsHealth.org) and search for "surgery." Presented by Nemours.



Michael Erhard, MD, with the da Vinci® Surgical System

Nemours  
Nemours Children's Clinic

# Full-Service Anesthesia Just for Children

About 13,000 children each year receive anesthesia at Wolfson Children's Hospital. This service is provided exclusively by 18 board-certified and fellowship-trained pediatric anesthesiologists – all of whom are with Nemours Children's Clinic and are faculty at Mayo Medical School. The program has an ACGME-accredited Pediatric Anesthesia Fellowship and has two fellows in training each year.

"At Wolfson, children are guaranteed to have a pediatric anesthesiologist taking care of them," says Salvatore Goodwin, MD, chief of Pediatric Anesthesiology for Wolfson Children's Hospital. "Additionally, six of our pediatric anesthesiologists are sub-specialists in pediatric cardiac anesthesia and provide the anesthesia services for patients of the C. Herman and Mary Virginia Terry Children's Heart Center, a partnership between Wolfson and the University of Florida/Jacksonville.

Services are provided with the support of highly skilled surgical nurses and technicians in state-of-the-art pediatric operating rooms at Wolfson Children's Hospital and in the Pediatric Outpatient Surgery Center at 1235 San Marco Blvd. Services are also provided for MRI, radiology, and other areas of the hospital where children require sedation.

The pediatric anesthesiologists at Wolfson Children's Hospital provide acute pain service for post-operative care, and work with the palliative care program designed to help manage pain and make children as comfortable as possible.

"We have physicians who are specially trained in providing regional analgesia — a nerve block — to numb a specific area," says Dr. Goodwin. "Many also have expertise in ultrasound-guided regional anesthesia." These techniques often provide a more effective nerve block while using less medication.

The pediatric anesthesiologists at Wolfson also are involved in conducting and publishing research and have a teaching, as well as a clinical mission. This added component helps the team stay at the forefront of best practices and the latest advances.



## HELPFUL INFO FOR YOUR PATIENTS' PARENTS:

For anesthesia basics, visit [KidsHealth.org](http://KidsHealth.org) and search for "anesthesia." Presented by Nemours.



*Pediatric emergency physician, Suman Mayer, MD, counsels a young patient.*

## Children's Emergency Department is Part of Wolfson Children's Hospital

For 25 years, the Children's Emergency Department (ED) at Wolfson Children's Hospital has taken care of children of all ages, from infancy to young adulthood (up to 18 years of age).

Of course, the physicians and staff provide care for the routine illnesses and injuries of childhood. But the Children's ED also provides care for some of the most devastating illnesses and injuries, from resuscitating children who have nearly drowned to controlling a severe asthma attack and finding the first evidence of cancer, congenital heart disease or another chronic health condition.

The 33-bed center is staffed by physicians who are double board-certified in pediatrics and emergency medicine and pediatric emergency nurses who are certified in Basic and Pediatric Advanced Life Support.

"We have more than 57,000 patient visits each year," says Mark Horton, MD, medical director of the Children's Emergency Department. "In addition to our pediatric emergency physicians and nurses, we have our own dedicated staff of respiratory therapists, radiologic technologists and Child Life workers, who provide comfort to children and their families. The department has advanced technology designed for the pediatric patient, including equipment for resuscitation and imaging."

The Wolfson ED collaborates with the Pediatric Emergency Department at UF & Shands, also staffed by board-certified pediatric emergency medicine physicians, to provide children in the region with advanced emergency care. Since 1999, the two EDs also have worked together to expand the Pediatric Emergency Medicine Fellowship program, the largest among the three fellowship programs in Florida.

"Due to this collaboration, fellows experience all aspects of the pediatric emergency medicine field due to the wide range of pediatric illnesses and injuries seen at both hospitals," says Madeline Joseph, MD, medical director of the Pediatric ED at UF & Shands.

## Wolfson's Emergency Department is staffed by physicians who are double board-certified in pediatric emergency medicine and pediatrics.

~ Mark Horton, MD

Wolfson is committed to not only providing a high level of care to children needing emergency services, but also to getting them to the hospital quickly and safely. During transport, these patients are cared for by transport nurses and respiratory therapists experienced in pediatric critical care.

Michael O. Gayle, MD, medical director of Wolfson Children's Outreach Program, says, "We are the hub for expediting transport of critically ill children within a 150-mile radius through our Kids Kare ground pediatric transport and Life Flight for air transport. Our physicians are available to consult with physicians in other EDs on the management, stabilization and transport of their critically ill and injured pediatric patients."



Michael O. Gayle, MD  
Medical Director,  
Wolfson Children's  
Outreach Program

To refer a patient, call 904.202.KIDS (5437) OR 1.877.240.KIDS (5437) and press 1 for the Children's Emergency Department, or press 5 to arrange transport for a child by KidsKare or Life Flight.

## Save the Date

**December 4, 2010**

*Pain Management Update 2010*

duPont Auditorium, Baptist Medical Center

**December 13, 2010, and January 11, 2011**

*Prevention of Medical Errors*

6:30 – 8:30 pm

Location TBA

**March 8, 2011**

*Third Annual Autism Symposium: An*

*Evidence-Based Approach to Autism*

*Physician CME Dinner*

Location TBA

**March 9, 2011**

*Pediatric Grand Rounds*

*Autism Topic*

8 – 9 am

duPont Auditorium, Baptist Medical Center

**Call Jennifer Bowden at 904.202.2080 for more information.**

Wolfson Children's Hospital offers a free Physician Guide for Pediatric Referrals (one was included with this issue of *Physicians Practice*). If you would like more copies of the guide, please contact Kelley Shaw, regional outreach coordinator, at 904.202.5040.



## Information for Parents

## Whooping Cough

*The following information is provided by KidsHealth.org, an online pediatric health resource for parents and children provided by Nemours:*

Whooping cough is making a comeback, primarily in infants younger than 6 months old before they're adequately protected by immunizations, and kids 11 to 18 years old whose immunity has faded.

### Signs and Symptoms

The first symptoms of whooping cough are similar to those of a common cold:

- runny nose
- sneezing
- mild cough
- low-grade fever

After about 1 to 2 weeks, the dry, irritating cough evolves into coughing spells. During a

coughing spell, which can last for more than a minute, the child may turn red or purple. At the end of a spell, the child may make a characteristic whooping sound when breathing in or may vomit. Between spells, the child usually feels well.

To read more about whooping cough prevention and treatment, visit [KidsHealth.org](http://KidsHealth.org) and search for "Whooping Cough."



## Bioethicist Helps Physicians, Staff and Parents Make Tough Decisions

Though many hospitals have ethics committees, Wolfson Children's Hospital is the only one in Jacksonville to also have a part-time bioethicist who can help bring clarity when families, physicians and staff struggle with issues such as how aggressive the level of care should be.

An associate professor at the University of North Florida (UNF), as well as director of UNF's Center for Ethics, Alissa Swota, PhD, is a bioethicist who has worked part time for Wolfson Children's for three years. She received her doctorate from the University at Albany in New York, and her postdoctoral degree from the University of Toronto Joint Centre for Bioethics.

Dr. Swota provides four services: education to staff through inservices, consultations, policy development, and revision and research.

"The biggest role of a bioethicist is to clarify the goals in a case," Dr. Swota says. "When I am called to consult on a case, I focus on trying to help build consensus around mutually agreeable treatment options."

She works with inpatient cases. To call an ethics consult, a physician pages the assistant director of nursing (ADON), who contacts the Ethics Consult Team. Next, the attending physician is notified. Then the ethics team and Dr. Swota gather information from all involved and make recommendations. Decision-making power lies with providers, patients and families.

"Overall we've had a really positive response from healthcare providers and patient families," Swota says. "Often, we can help them sort through all the issues to find resolution."

**"When I am called to consult on a case, I focus on trying to help build consensus around mutually agreeable treatment options."**

~ Alissa Swota, PhD



### Key Contact Information

**Inpatient Referral Line 904.202.KIDS (5437) OR 1.877.240.KIDS (5437)**

*Press 1 for the Children's Emergency Department*

*Press 2 for admission to the NICU*

*Press 3 for admission to the PICU*

*Press 4 for general floor admission*

*Press 5 to arrange transport for a child by KidsKare, the Neonatal/Pediatric Transport program (local or regional transport), or Life Flight air ambulance*

**Kelley Shaw, Regional Outreach Coordinator • 904.202.5040 (office) • 904.652.8517 (cell)**  
**wolfsonchildrens.org**