

Prevent these Top Causes of FALLS

- 1 Accidental falls resulting in striking other object
- 2 Falling from a bed
- 3 Falling from one level to another
- 4 Slipping, tripping or stumbling
- 5 Fall from other furniture
- 6 Falling from playground equipment
- 7 Falling from chair
- 8 Falling on or from stairs or steps
- 9 Falling into sharp object
- 10 Falling from (nonmotorized) scooter

Kohl's
Gear Up
4 Safety



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Safe Kids
Northeast Florida

Preventing



FALLS



ideas for
Preventing

FALLS



- Pick up toys
- Watch your step
- Don't climb on automobiles
- Don't leave toys in cribs
- Hold on to railings
- No pushing or shoving
- No running indoors
- No standing on furniture
- Use baby gates
- Use window guards
- No children on roof
- Use sturdy high chairs
- No tree climbing
- Keep floors dry to prevent slipping
- Secure hanging or loose wires/cords

- No climbing on fence posts
- Supervise children at all times
- Move furniture away from windows
- Use rails on bunk beds (not for under age 6)
- Use non-slip mats
- Install handrail in shower
- Never leave children unattended near pool or bathtub
- Make sure children wear safety gear

